

Original Blessing Notes

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Quotes and verses from the presentation:

This is the account of the heavens and the earth when they were created. On the day the Lord God made earth and sky— 5 before any wild plants appeared on the earth, and before any field crops grew, because the Lord God hadn't yet sent rain on the earth and there was still no human being[c] to farm the fertile land, 6 though a stream rose from the earth and watered all of the fertile land— 7 the Lord God formed the human[d] from the topsoil of the fertile land[e] and blew life's breath into his nostrils. The human came to life. 8 The Lord God planted a garden in Eden in the east and put there the human he had formed. 9 In the fertile land, the Lord God grew every beautiful tree with edible fruit, and also he grew the tree of life in the middle of the garden and the tree of the knowledge of good and evil. -Genesis 2:4-9, Contemporary English Bible

The Lord is my light and my salvation (yasha). Whom shall I fear? -Psalm 27:1

"All creativity awakens at this primal threshold where light and darkness test and bless each other. You only discover balance in your life when you learn to trust the flow of this ancient rhythm." -John O'Donohue

"The real freedom is to be able to come and go from that center and to be able to do without anything that is not immediately connected to that center...It is from that center that everything else comes." -Thomas Merton, on the "little kernel of gold which is the essence of you"

Further Reading:

Original Blessing: Putting Sin in its Rightful Place, Danielle Shroyer

Listening for the Heartbeat of God, J. Phillip Newell

Anam Cara, John O'Donohue

The Wisdom Jesus, Cynthia Bourgeault